

Aged 40 to 74?



FREE

NHS HEALTH CHECK

CALL TO BOOK

Helping you prevent

diabetes

heart disease

kidney disease

stroke & dementia

Free NHS Health Checks available at
The Guidance Hub, 389 Waterloo Rd,
Cheetham Hill M8 9AB

Thursday 5th January—Appointments from 10am-3pm

Call us on 0770 2872 861 to check you
qualify and book your health check

NHS


BeWell
Find your own happy