



# Arts 4 Good Health courses

**Number 93**

**Church Lane, Harpurhey,  
Manchester, M9 5BG.**

**Mondays**

**12th Feb - 18th March 2024**

**1.30-3pm**

**Be active - Connect - Notice**

**Keep Learning - Give**

## DIY Skills

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Learn DIY skills in a supportive and creative environment.

Enhance your wellbeing by:

- Learning new skills
  - Connecting with others
  - Trying a variety of power tools
  - Focusing on and planning DIY tasks
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**Contact: [Referrals.RecoveryPathways@gmmh.nhs.uk](mailto:Referrals.RecoveryPathways@gmmh.nhs.uk)**

**Tel: 0161 271 0279**