



Mount Carmel RC Primary Newsletter

Truth, Love, Life to The Full

Spring Week 4- 2/2/24

Message from the Headteacher

This half term is flying by and the children are so busy in class and are working hard. It is always the highlight of my week when I pop into lessons and see the children actively engaged in their learning. This week I have taken some time to look at the children's work in Art and D&T. I was blown away by their masterpieces.

Next week is a busy week as we take part in Children's Mental Health Week and Safer Internet Day. Our year 6 children go away on Monday on a residential trip to Robinwood for two nights and we hope they have the very best of adventures. Please follow us on X (formally known as twitter) using the link @Mount_Carmel1 as we provide live updates from Robinwood.

I would also like to take this opportunity to invite parents to a workshop about keeping your child safe online. The workshop will start at 9am at the Infant Department on Friday 9th February. This workshop will give you advice and guidance about the latest apps and games that children are playing and how you can keep your child safe online.

I would like to say a big thank you to the parents who have parked safely away from school this week. The situation at the Juniors has improved. Staff will continue to talk to parents who park unsafely.

Have a great weekend,

Mrs Seaborn

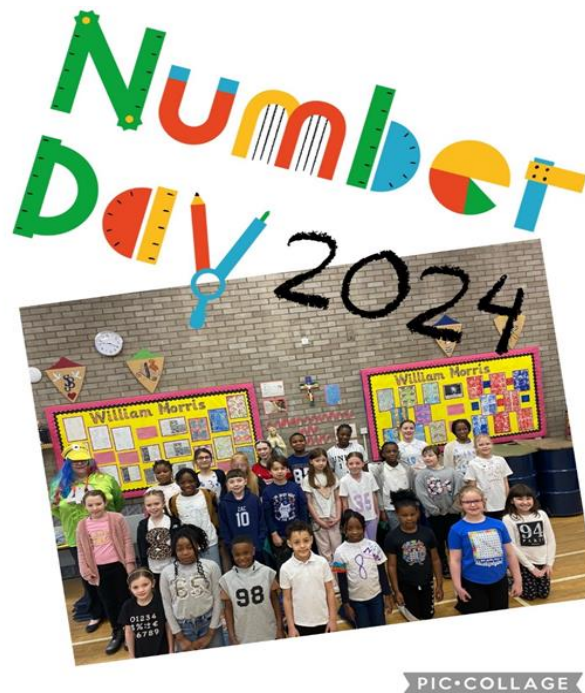
In The Curriculum



Nursery have been reading the text, 'A Chair for Baby Bear'. They then then decided to make a new chair for Baby Bear after Goldilocks broke it! Fabulous work Nursery!



For National Storytelling Week, the children in Reception took part in a Now>Press>Play experience. They listened to and acted out the story of 'The Three Little Pigs. They had so much fun. We have also had lots of visitors into school for our mystery reader event. Thanks so much to the volunteers for your time and support!



Today we have had lots of fun for NSPCC number day across the school. The children have taken part in fun activities and an inter-school competition with Times Tables Rock Stars - NSPCC Rocks! Thank you for your donations - we will send these onto the NSPCC!

Parental Survey- Behaviour Policy

We are in the process of writing a new behaviour policy. We are speaking to children and staff about their thoughts on behaviour and the new policy and as parents your voice matters and is valued so we would like to know your thoughts on behaviour at Mount Carmel. With this in mind, we have created a survey on the school spider app. If you can find some time to complete this short survey, it would be greatly appreciated. All responses will be carefully considered by the senior leadership team when amending the school's behaviour policy. Thank you.

Bid Bedtime Read



Children in Nursery to Year 6, are invited to join us for Mount Carmel's Big Bedtime Story Event on Tuesday 13th February from 5:00- 5:45pm.

Children are invited to come back to school in their pyjamas. They may bring a teddy bear or blanket if they wish.

Whilst the children are enjoying bedtime stories in their classrooms with a drink and a biscuit, all parents are invited to listen to a short talk from 5.10 to 5.40pm in the infant hall. The talk will be about the benefits of reading bedtime stories and will include a phonics refresher. We look forward to seeing you there.

Infant Car Park

The infant car park is for staff only. Please do not use this car park when you are dropping off for early morning phonics. Please do not walk through the car park to enter the office. The main gate leading to the path to the office is open. This is for the safety of our children.

Virtues and Values

This term we are growing to be 'Compassionate and Loving'. We will be promoting these values in school through our collective worship and in discussions with the children. Each week a child in each class will be chosen for a special certificate for using these values and will have afternoon tea with Mrs Seaborn.

"Compassionate towards others, near and far, especially the less fortunate, and loving by their actions and forgiving words."

Attendance

Every day counts! After discussions with the children- next half term there will be 3 x £10 Amazon vouchers in a prize draw for KS2 children with 100% attendance.

Nursery	85.1%	Year 3D	97.3%
Reception S	93.3%	Year 3R	100%
Reception J	97.7%	Year 4L	92.3%
Year 1B	94.8%	Year 4S	94.7%
Year 1L	91.4%	Year 5H	97.4%
Year 2C	95.7%	Year 5W	95.2%
Year 2G	99.0%	Year 6B	98.7%
		Year 6C	96.0%

Children's Mental Health Week

Next week, we will be taking part in Children's Mental Health Week. The theme this year is 'My Voice Matters'. My Voice Matters is about empowering children and young people by providing them with the tools they need to express themselves.

Throughout the week, children will take part in a range of activities to support the theme 'My Voice Matters' and on Friday 9th February, children can dress to express themselves in their own clothes (non- uniform day).

During Children's Mental Health Week, we want all children and young people to be able to say – and believe - "My Voice Matters."

Below is some information for families, parents and carers so you can take part at home!

My VOICE MATTERS

Place2Be's CHILDREN'S MENTAL HEALTH WEEK

TALKING TO YOUR CHILD ABOUT MENTAL HEALTH

Are you a parent or carer who wants to talk to your child about mental health?

This Children's Mental Health Week we want all children and young people, whoever they are, and wherever they are in the world, to be able to say – and believe - "My Voice Matters".

We visited primary and secondary schools to ask students what they wanted from the week – to help shape the activities we create for schools, the messaging we give to teachers, the tips we give to other children, and the advice we give to parents, carers and families.

LOOKING FOR FREE PRACTICAL ADVICE TO HELP YOU SUPPORT YOUR CHILD?

Parenting Smart, Place2Be's site for parents and carers, is full of expert advice and tips on supporting primary-age children, and managing their behaviour, and act on their views.

[PARENTINGSMART.ORG.UK](https://parentingsmart.org.uk)

Here's what children and young people told us they need from you:

- 1 We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- 2 I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3 Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4 Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5 Don't compare my experiences to your own when you were a child.
- 6 Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7 Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8 If you are open with me about your feelings, this can help me to be more open about mine.
- 9 Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- 10 Sometimes a hug is all it takes to make me feel supported.

WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

For primary children: bit.ly/3PzCG18

For secondary children: bit.ly/3LBD2wK

Dates for the Diary	
5/2/24-7/2/24	Year 6 Residential – Robinwood
5/2/24-11/2/24	Children's Mental Health Week- 'My Voice Matters' Children will be able to dress in their own clothes on Friday 9 th February.
7/2/24	Safer Internet Day
9/2/24	Internet Safety Workshop for parents 9am Infant Department
13/2/24	Big Bedtime Read 5pm (More information to follow)
14/2/24	Ash Wednesday Mass- Reception to Y6 will attend Mass to
15/2/24	Year 4S- Lent Collective Worship 2:45pm (Year 4S Parents welcome- Junior Hall)
15/2/24	School closes for half term
27/2/24	SEND Parent Drop in with Mrs Watson (am)
7/3/24	World Book Day (More information to follow)
19/3/24	Junior Parents' Evening
20/3/24	Infant Parents' Evening
27/3/24	Stations of the Cross Liturgy for Y6 parents 2:45pm (Junior Hall)
28/3/24	Easter Play (Year 2) – Year 2 Parents welcome 9 am (Infant Hall)
28/3/24	School closes for Easter at 1:30pm